

**2019-2020 DOWNSTATE PRACTICE SCHEDULE**  
(Tentative - Subject to Change)

	SUNDAY				MONDAY				TUESDAY				WEDNESDAY				THURSDAY			
	Ct-1	Ct-2	Ct-3	Ct-4	Ct-1	Ct-2	Ct-3	Ct-4	Ct-1	Ct-2	Ct-3	Ct-4	Ct-1	Ct-2	Ct-3	Ct-4	Ct-1	Ct-2	Ct-3	Ct-4
6:00																				
6:30																				
7:00			SOCCER																	
7:30			SOCCER																	
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10:00			SOCCER																	
10:30			SOCCER																	
11:00																				
11:30																				
12:00																				
12:30	14 Red	14 Black	15 Red	15 Black																
1:00																				
1:30																				
2:00	<b>National Team Skills</b>																			
2:30	<b>National Team Skills</b>																			
3:00	<b>National Team Skills</b>																			
3:30																				
4:00	17 Black	17 Red	16 Red	16 Black																
4:30																				
5:00																				
5:30	16 Silver	Vbees	Vstars		12 Black	13 Black	Vstars		14 Black	14 Red	15 Red	15 Black	12 Black	13 Black	16 Silver	Vbees	14 Black	14 Red	15 Red	15 Black
6:00																				
6:30																				
7:00																				
7:30	Aspire 13s		Aspire 14s		15 Silver		15 Blue	Aspire 13s	<b>National Team Skills</b>				15 Silver		15 Blue	Aspire 14s	<b>National Team Skills</b>			
8:00																				
8:30																				
8:30	Aspire 16s		16 Blue	17 Blue	18 Black		17 Silver	Aspire 16s	17 Black	17 Red	16 Red	16 Black	18 Black	17 Silver	16 Blue	17 Blue	17 Black	17 Red	16 Red	16 Black
9:00																				
9:30																				
10:00																				
10:30																				
11:00																				
11:30																				
12:00																				

Teams at the Masters School will practice on Tuesday and Thursday evenings for 1.5 hours each, between 7:00--10:00p.

At Fox Lane High School, 16 Mirage will practice on Tuesday and Thursday evenings from 7:30-9:30p.

At Somers Sports Arena will will run up to 6 teams, from 13 to 17, between 5:30p-10:00p, on Wednesday and Friday nights. Exact times TBD.